

## Meet the Farmer

### Jenn Sanford-Johnson

#### Chickadee Farms NC

Clayton, NC  
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Farmer Jenn Sanford-Johnson is a local girl raised in the Garner area, who spent her summers as a child growing tomatoes with her dad and planting flowers with her mom. For her there was something comforting and magical about digging in the dirt.



Farmer Jenn received a B.S. in Photography from Appalachian State, lived, worked and explored Minnesota and parts of Canada and then returned to her hometown. She realized her love of the natural world and growing food, and got an Associate's Degree in Sustainable Agriculture from Central Carolina Community College in Pittsboro. Since then she has worked for the Inter-faith Food Shuttle Teaching Farm and helped start and manage an urban community farm called the Well Fed Community Garden for the Irregardless Cafe in Raleigh. Her latest adventure is Chickadee Farms.

### What's Growing?

Chickadee Farms offers a wide variety of vegetables and fruits. The produce items listed below are available in season: arugula, swiss chard, spinach, collards, kale, parsley, cilantro, pea shoots, banana peppers, jalapenos, sweet potatoes, pac choi, baby dill, green bell peppers, daikon radish, radicchio, haueri turnips, baby carrots, eggplant, lettuce, senposai, radishes, green beans, broccoli, fennel, tomatoes, okra, butternut squash, potatoes, onions, zephyr summer squash, English cucumbers, watermelon, and cantaloupe. Produce is available year-round.

### Buying from Chickadee Farms

Deliveries are on Tuesdays in Southern Wake County and Raleigh, or you may pick up at either of these CSA drop-off sites on Tuesdays: Method Road Community Center or The Person Street Bar in Raleigh.

Farmer Jenn also sells her produce at the Clayton Downtown Farmers' Market.



# Farm to ChildCare

YUMMY, FRESH, HEALTHY...NC FRUITS AND VEGETABLES!