

It's time to change how we view a child's growth...

As they grow, children are always learning new things. These are just some of the things you should be looking for as your child grows. Because every child develops at his or her own pace, your child may reach these milestones slightly before or after other children the same age. Use this as a guide, and if you have any concerns, talk with your child's doctor or nurse, or call one of the early intervention agencies.

BY THE END OF 7 MONTHS, MOST CHILDREN ARE ABLE TO:

- have good head control
- smile back at another person
- make new sounds (such as "babababa")
- enjoy social play (such as peek-a-boo)
- roll over both ways
- sit up

BY THE END OF 12 MONTHS, MOST CHILDREN ARE ABLE TO:

- use simple gestures (waving "bye-bye")
- make sounds (such as "mama" and "dada")
- imitate actions in their play (clap when you clap)
- understand "no"
- crawl
- feed with fingers
- pull to stand at furniture

BY THE END OF 18 MONTHS, MOST CHILDREN ARE ABLE TO:

- do simple pretend play ("talk" on a toy phone)
- point to interesting objects (pictured in books, body parts)
- scribble with a crayon
- use several single words unprompted
- walk alone
- feed with a spoon

BY THE END OF 2 YEARS, MOST CHILDREN ARE ABLE TO:

- say 50 words and put 2 words together
- follow simple instructions
- become more interested in other children
- point to an object or picture when named
- run and start to jump

BY THE END OF 3 YEARS, MOST CHILDREN ARE ABLE TO:

- show affection for playmates
- use 4- to 5-word sentences
- imitate adults and playmates
- play make-believe with dolls and/or people
- know their name
- toilet train
- play games; take turns



BY THE END OF 4 YEARS, MOST CHILDREN ARE ABLE TO:

- use 5- to 6-word sentences
- follow 3-step commands ("Get dressed, comb your hair, and wash your face.")
- cooperate with other children

Contact one of the following agencies if your child...

- has trouble playing with other children
- was born prematurely or has medical problems
- has a disability
- seems to be developing slower than other children his/her age

Contact one of the following agencies if you are concerned...

- about your child's learning
- about your child's behavior
- about your child's vision, hearing, or health

Raleigh CDSA

Children's Developmental Services Agency
[serving Wake County]

Ages Birth – 3 years

919-662-4600

Wake County Public Schools

Preschool Special Education Services

Ages 3 – 5

919-431-7700

email: child-find-office@wcpss.net

Project Enlightenment

[serving Wake County]

Ages Birth – completion of kindergarten

919-856-7774

Care Coordination for Children

[CC4C]

[serving Wake County]

Ages Birth – 5

919-250-1154